# **Service Directory**

#### **American Red Cross**

331 Queen Street #B Boone, NC 28607 828.264.8226

# **Appalachian & Community Together (ACT)**

Plemmons Student Union 2<sup>nd</sup> floor Boone, NC 28608 Kate Johnson 828.262.2193 www.act.appstate.edu

### **Appalachian Brian Estates**

163 Shadowline Dr. Boone, NC 28607 828.264.1006

http://community.appstate.edu/university-partner/appalachian-brian-estates

## Appalachian State Women's Center

Plemmons Student Union 1<sup>st</sup> floor Boone, NC 28608 828.262.6744 http://womenscenter.appstate.edu

## **Appalachian Voices**

191 Howard St. Boone, NC 28607 828.262.1500 www.appvoices.org

### A.R.K. Animal Rescue and Life Learning Center

1861 Roby Green Rd [near Hwy 421 Fair Grounds] Boone, NC 28607 (828) 406-7206

# **Blazing Saddles**

1500 Laurel Ln. Blowing Rock, NC 28605 828.295.3335 www.blazingsaddlesnc.com

## Blue Ridge Wildlife Institute

Mill Pond Rd. Banner Elk, NC 28604 828.773.6142

http://community.appstate.edu/university-partner/

blue-ridge-wildlife-institute

# **Cove Creek Preservation and Development**

207 Dale Adams Rd. Sugar Grove, NC 28679 828.297.2200 www.covecreek.net

## **Genesis Wildlife Sanctuary**

210 Grassy Gap Creek Rd. Beech Mountain, NC 28604 828.387.2979 www.genesis-wildlife.org

#### Goodwill Industries [Only through courts]

231 Boone Heights Dr. Boone, NC 28607 828.264.4174

# **Glenbridge Health & Rehabilitation**

211 Milton Brown Heirs Rd. Boone, NC 28607 828.264.6720 828.265.2159 www.glenbridge.org

## **Green Valley Elementary School**

189 Big Hill Rd. Boone, NC 28607 828.264.3606

www.watauga.k12.nc.us

## **Habitat for Humanity**

711 George Wilson Rd. Boone, NC 28607 828.268.9545

## **High Country Friends For Life**

Penny Muller PO Box 3226 Boone, NC 28607 828.297.6688

http://www.hcfriendsforlife.org/

#### **Hope Pregnancy Resource Center**

232 Furman Rd. Boone, NC 28607 828.262.3926 http://www.choosehope.org/

## **Hospice of Watauga County**

136 Furman Rd., Suite 4 Boone, NC 28607 828.265.3926

### **Hospitality House**

302 West King St. Boone, NC 28607 828.264.1237

http://www.hospitalityhouseofboone.org/

#### **Hunger Coalition**

141 Health Center Dr. Boone, NC 28607 828.262.1628

#### **Mediation & Restorative Justice Center**

133 North Water St. Boone, NC 28607 828.264.3040

http://www.mediatejustice.org/

#### **New River Earth Institute**

PO Box 2392 Boone, NC 28607 Gerry Tygielski 336.877.1860

## OASIS (Women's Shelter)

375 West King St. Boone, NC 28607 828.264.1532

http://www.oasisinc.org/

## **Project on Aging**

123 Poplar Grove Connector, Suite A Boone, NC 28607 828.265.8090

# Ram's Rack Thrift Store [Only through courts]

877 W King St Boone, NC 28607-3466 (828) 262-5029

## **Shelter Rock Appalachian Relief**

141 Leigh Circle Boone, NC 28607 828.963.4135

### **Upward Bound**

Office of General Studies 828.262.2087 www.upwardbound.appstate.edu

## **Watauga County Animal Control**

672 Landfill Rd. Boone, NC 28607 828.262.1672

### **Watauga County Arts Council**

604 West King St.
Boone, NC 28607
828.264.1789
http://www.watauga-arts.org/

### **Watauga County Parks & Recreation**

231 Complex Dr.
Boone, NC 28607
828.264.9511
http://www.wataugacounty.org/parks/

# **Watauga Humane Society**

200 Casey Ln. Boone, NC 28607 828.264.7865

http://www.wataugahumanesociety.org/whs/

# Community Service Hours Time Sheet

Total Hours Du	e (circle one)	10	25	other:	
Hours Due By					
Name of	Student Name: Organization & Contact Person:	-			_
Organization Address:					_
Organization I	Phone Number:				_
Date	Time In	Time	e Out	Total Hours	Initials/Date
Volunteer Signatur	·e				Office of Student Conduct
Date			_	PO Box 32084	
-					Boone, NC 28608-2804
Contact Signature				_	Phone (828) 262-2704
Date					Fax (828) 262-4997

The Service Journal questions are designed for you to reflect on the significance of your hard day's work, so please take them seriously. Each question should be answered in 5 - 6 sentences, and should provide the Community Service Coordinator adequate details of your service experience. One-word answers or two sentence answers will not be tolerated. The Community Service Coordinator can decide if your performance on the journal entries is inadequate and require you to complete one of the other two reflection options.

Please type your responses to each of the following questions, using one-inch margins and size 12 font. Be sure to put your name and date at the top of each page.

- 1. What was your biggest challenge of the day? Explain why this was a challenge? How did you overcome that challenge, or what prevented you from overcoming that challenge?
- 2. What aspects of today's service experience made you angry? Sad? Frustrated?
- 3. What aspects of today's service experience made you happy? Excited? Enthusiastic?
- 4. What about your Community Service experience surprised you today? Did you have any pre-conceived notions or stereotypes of others that were proven wrong today? Did you have any pre-conceived notions about yourself that were proven wrong today?
- 5. \*\*Please answer this question last\*\* Read over all your answers to the questions above. How would you characterize your overall response to today's service experience?

#### Reflection Activity Guide

An integral part of any community service experience, both voluntary and mandatory, is the process of reflection. When one takes part in a reflection activity he or she contemplates the broader social, political and emotional aspects in which the act of service was contextualized. Reflection can take many forms: thoughtful time alone, a group processing session among friends or others with whom you have shared a service experience, a poem, a painting; and countless others. To encourage your engagement in the reflection process, you have three options from which to choose. However, we would like you to feel free to contact the Community Service Coordinator with any requests for a self-designed reflection activity.

**OPTION ONE, Informative Essay:** Write at least a three page paper on the non-profit organization you worked with during your service experience. In the paper, include the answers to the following questions: What population of the greater Watauga community does the organization serve and how? Identify some of the strengths and weaknesses of the organization. What improvements could you suggest making to the organization and how can one go about making such changes? Outline, in full, your participation with the organization; what activities did you participate in and how did your participation make you feel?

NOTE: One-inch margins, size 12 font.

**OPTION TWO, Service Journal:** For each day that you spend doing any number of your hours of Community Service, you will need to type a response to each of the listed questions. For example, if you stretch your hours out over a five day period, then you will need to turn in five completed journal entries. If you have further questions concerning your Service Journal, please contact the Community Service Coordinator. NOTE: One-inch margins, size 12 font.

#### Service Journal Guide

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- 4. What about your Community Service experience surprised you today? Did you have any preconceived notions or stereotypes of others that were proven wrong today? Did you have any preconceived notions about yourself that were proven wrong today?
- 5. \*\*Please answer this question last\*\* Read over all your answers to the questions above. How would you characterize your overall response to today's service experience?

**OPTION THREE, Creative Expression:** Write a song, a poem or a letter to a friend, ASU administrator, or family member describing your Community Service experience. What feelings did you experience while performing the required service hours? What challenges did you face and how did you strive to overcome those challenges? Do you or did you consider the service experience a success?

NOTE: All creative poems and songs must be at least 20 lines in length (no limericks!), and all letters should be at least two double-spaced pages, or one single-spaced page; one-inch margins, size 12 font.